



#NS-2023-05

Hey lifters,
Who's excited for Equipped Nationals?!!

Saturday June 17th
Dallas, Texas

The deadline for weight class changes is Friday, June 2nd.
Login to your [profile](#) to make any necessary changes.

This event is being held in conjunction with USA Fit Games and is located in the Dallas Convention Center. More information about the venue and events [HERE](#)

Athletes will receive free wristbands for the expo.
Check in at registration to pick up your athlete credentials and expo wristband. Have your photo ID and current membership card ready.

All others need to purchase an expo wristband to enter the venue hall.

LIFTING SCHEDULE

Session 1:

Equipment Check: 6:30 to 9am

Weigh-ins: 7:30am to 9am

Lifting: 9:30am to ~1:45pm

Session 2:

Equipment Check: 12 to 2pm

Weigh-ins: 12:30 to 2pm

Lifting: 2:30 to ~8pm

Access for equipment check and weigh-ins begins at 6am
Competitor access to the event hall starts at 8am.

Athletes, please let us know the name of your coach or handler.

Designated Coach/Handler

COACHES

You will need to show your photo ID and current USA Powerlifting membership card at registration.

Purchase an expo wristband to enter the venue. See the link below.

ADMISSION FEES

All coaches and spectators will need to purchase an [Expo ticket](#).

Expo General Admission:

Adults \$25

Ages 6-17 \$10

Under 6 Free

[Parking](#) is approximately \$15

Concessions will be available in the venue.
No outside food or drink allowed.



We're excited to have Stellar Shots as our designated event



photographer. Pre-order your packages today!

ORDER HERE

2023 DALLAS FIT GAMES June 17, 2023 **USA FIT GAMES**

Kay Bailey Hutchinson Convention Center Hall F

Drawn By: Steve Straka REVISIED: 5/23/2023

USA Powerlifting | Email | usapowerlifting.com



USA Powerlifting | 1120 HUFFMAN RD STE 24 # 223, Anchorage, AK 99515-3516

[Unsubscribe nationaloffice@usapowerlifting.com](mailto:nationaloffice@usapowerlifting.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by no-reply@usapowerlifting.com powered by



Try email marketing for free today!